b) subjecting the interior of the article to hard-anodizing after the first coating is applied; and

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- applying a second coating of porcelain enamel over the first coating after the interior is hard-anodized.
- 4. (Amended) A method according to claim 1 wherein the first porcelain enamel coating is applied as a layer of thickness in the range of 25 to 35 microns.
- 5. (Amended) A method according to claim 1 wherein the second porcelain enamel coating is applied as a layer of thickness in the range of 30 to 35 microns.
- 11. (Amended) A method of forming an article of cookware of aluminium or aluminium alloy, comprising the steps of:
 - i) providing a blank of flat metal;
 - ii) forming the article by stamping into the desired shape;

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- iii) applying a first coating of porcelain slip to the exterior of the article of thickness in the range of 25 to 35 microns and curing at an elevated temperature to produce a hard enamel;
- iv) subjecting the interior surface to hard-anodizing after the first coating is applied and cured;
- v) applying a second coating of porcelain slip of thickness in the range of 30 to 35 microns over the first coating, after the interior surface is hard anodized and cured, and curing to produce a hard enamel; and